



# St. Bridget of Kildare Athletic Board

## Student-Athlete Code of Conduct

**CYO Mission, Values, and Athletic Philosophy state that:** CYO endeavors to help young people be more Christ-like in the way they live. CYO promotes participation and sportsmanship to foster the total development of participants and influence the formation of Christian values. CYO Athletic programs foster the development of physical skills, social skills, emotional growth, affirmation of gifts and spiritual strength. CYO Athletic programs contribute to faith building efforts for young people. The young person, not the athletic activity, is the primary focus of CYO Athletics.

**Therefore participants in St. Bridget of Kildare CYO must agree to these requirements:**

1. I will respect and abide by all school and CYO rules, regulations, and policies.
2. I will respect the dignity of all persons, including teammates, parents, coaches, officials, and opposing coaches and players. I will not physically, mentally, or psychologically abuse or bully any person during any intra- or extracurricular activities.
3. In order to participate in a game or practice, I must be in school that same day if school is in session.
4. I will exhibit good sportsmanship on and off the field of play.
5. I will comply with instructions from all Parish staff, coaches, teachers, school staff, and athletic officials.
6. I will have an up to date physical form on file.
7. I will respect the property of others, the school, and the Athletic Board and use the athletic equipment for the use intended. I will also respect and take good care of my uniform.
8. I will use appropriate language. I understand the use of profanity, vulgar talk, and obscene gestures will not be tolerated.
9. I will be on time and no more than 15 minutes early for practice. I will arrive on time for games. I will be picked up on time at the conclusion of practice.
10. I will strive for academic excellence and will complete all homework, assignments and projects to the best of my ability and will complete them on time.
11. I will use technology appropriately.

**As the parent/guardian of \_\_\_\_\_, I have read and reviewed this Code of Conduct with my child. I approve of these policies and will help my child maintain these standards.**

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

**I have read and understand this Code of Conduct. I understand that if I break any of the rules my coach, Principal, Pastor, and the Athletic Board have the right to take disciplinary actions which may include warnings, suspension or removal from the team.**

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date